

Atlanta Psychiatric Specialists, PC

Ross F. Grumet, MD

1718 Peachtree St., NW, Suite 1080

Atlanta, GA 30309

(T) 404-685-9414 (F) 404-685-9420

Health History Questionnaire

All questions contained in this questionnaire are confidential
and will become part of your medical record.

Name (<i>Last, First, M.I.</i>):	Gender:	DOB:
Marital status: <input type="checkbox"/> Single <input type="checkbox"/> Domestic Partner <input type="checkbox"/> Married <input type="checkbox"/> Separated <input type="checkbox"/> Divorced <input type="checkbox"/> Widowed		
Previous Psychiatrist (if applicable):		
Primary Care Physician Name (if applicable):		Date of last physical exam:
PERSONAL HEALTH INFORMATION		

Childhood illness:	<input type="checkbox"/> Measles <input type="checkbox"/> Mumps <input type="checkbox"/> Rubella <input type="checkbox"/> Chickenpox <input type="checkbox"/> Rheumatic Fever <input type="checkbox"/> Polio	
Immunizations and dates (if available):	<input type="checkbox"/> Tetanus	<input type="checkbox"/> Pneumonia
	<input type="checkbox"/> Hepatitis	<input type="checkbox"/> Chickenpox
	<input type="checkbox"/> Influenza	<input type="checkbox"/> MMR <i>Measles, Mumps, Rubella</i>

List any medical problems that other doctors have diagnosed

Surgeries		
Year	Reason	Hospital

Other hospitalizations		
Year	Reason	Hospital

Have you ever had a blood transfusion?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
---	------------------------------	-----------------------------

List your prescribed drugs and over-the-counter drugs, such as vitamins and inhalers

Medication Name	Strength	Directions

Allergies to medications

Medication Name	Reaction

HEALTH HABITS AND PERSONAL SAFETY

Questions in this section are used to assess your overall health. Please answer them to the best of your ability.

Exercise	<input type="checkbox"/> Sedentary (No exercise)					
	<input type="checkbox"/> Mild exercise (i.e., climb stairs, walk 3 blocks, golf)					
	<input type="checkbox"/> Occasional vigorous exercise (i.e., work or recreation, less than 4x/week for 30 min.)					
	<input type="checkbox"/> Regular vigorous exercise (i.e., work or recreation 4x/week for 30 minutes)					
Diet	Are you dieting?			<input type="checkbox"/> Yes	<input type="checkbox"/> No	
	If yes, are you on a physician prescribed medical diet?			<input type="checkbox"/> Yes	<input type="checkbox"/> No	
	How many meals do you eat in an average day?					
	Rank salt intake	<input type="checkbox"/> Hi	<input type="checkbox"/> Med	<input type="checkbox"/> Low		
	Rank fat intake	<input type="checkbox"/> Hi	<input type="checkbox"/> Med	<input type="checkbox"/> Low		
Caffeine	<input type="checkbox"/> None	<input type="checkbox"/> Coffee	<input type="checkbox"/> Tea	<input type="checkbox"/> Cola		
	# of cups/cans per day?					
Alcohol	Do you drink alcohol?			<input type="checkbox"/> Yes	<input type="checkbox"/> No	
	If yes, what kind?					
	How many drinks per week?					
	Have you been advised to reduce the amount of alcohol you consume?			<input type="checkbox"/> Yes	<input type="checkbox"/> No	
	Have you considered or attempted to stop consuming alcohol?			<input type="checkbox"/> Yes	<input type="checkbox"/> No	
	If yes, why? _____					
	Have you ever experienced blackouts due to alcohol consumption?			<input type="checkbox"/> Yes	<input type="checkbox"/> No	
	Are you prone to "binge" drinking?			<input type="checkbox"/> Yes	<input type="checkbox"/> No	
Tobacco	Do you use tobacco?			<input type="checkbox"/> Yes	<input type="checkbox"/> No	
	If yes, what type of tobacco do you use?					
	<input type="checkbox"/> Cigarettes (Number of packs per day: _____)		<input type="checkbox"/> Chew (Amount per day: _____)	<input type="checkbox"/> Pipe	<input type="checkbox"/> Cigars (Number per day: _____)	
	How many years have you used tobacco? _____		If you have quit, what year did you quit? _____			
	Would you like to discuss smoking cessation with the physician?			<input type="checkbox"/> Yes	<input type="checkbox"/> No	

Drugs	Do you currently use recreational or street drugs?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
	Have you ever given yourself street drugs with a needle?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Sex	Are you sexually active?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
	If yes, are you trying for a pregnancy?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
	If not trying for a pregnancy list contraceptive or barrier method used:		
	Any discomfort with intercourse?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
	Illness related to the Human Immunodeficiency Virus (HIV), such as AIDS, has become a major public health problem. Risk factors for this illness include intravenous drug use and unprotected sexual intercourse. Would you like to speak with your provider about your risk of this illness?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Personal Safety	Do you live alone?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
	Do you have frequent falls?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
	Do you have vision or hearing loss?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
	Do you have an Advance Directive or Living Will?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
	Would you like information on the preparation of these?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
	Physical and/or mental abuse is also a major public health issues in this country. This often takes the form of verbally threatening behavior or actual physical or sexual abuse. Would you like to discuss this issue with your provider?	<input type="checkbox"/> Yes	<input type="checkbox"/> No

FAMILY HEALTH HISTORY

	AGE	SIGNIFICANT HEALTH PROBLEMS (INCLUDE MENTAL ILLNESS)		AGE	SIGNIFICANT HEALTH PROBLEMS (INCLUDE MENATAL ILLNESS)
Father			Children	<input type="checkbox"/> M <input type="checkbox"/> F	
Mother				<input type="checkbox"/> M <input type="checkbox"/> F	
Sibling	<input type="checkbox"/> M <input type="checkbox"/> F			<input type="checkbox"/> M <input type="checkbox"/> F	
	<input type="checkbox"/> M <input type="checkbox"/> F		<input type="checkbox"/> M <input type="checkbox"/> F		
	<input type="checkbox"/> M <input type="checkbox"/> F		Grandmother <i>Maternal</i>		
	<input type="checkbox"/> M <input type="checkbox"/> F		Grandfather <i>Maternal</i>		
	<input type="checkbox"/> M <input type="checkbox"/> F		Grandmother <i>Paternal</i>		
	<input type="checkbox"/> M <input type="checkbox"/> F		Grandfather <i>Paternal</i>		

MENTAL HEALTH

Is stress a major problem for you?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Do you feel depressed?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Do you panic when stressed?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Do you have problems with eating or your appetite?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Do you cry frequently?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Have you ever attempted suicide?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Have you ever seriously thought about hurting yourself?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Do you have trouble sleeping?	<input type="checkbox"/> Yes	<input type="checkbox"/> No

MENTAL HEALTH (CONTINUED)

Have you ever been to a counselor or therapist?	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No
Name of counselor or therapist:				
Date of treatment:				
Have you ever had a psychiatric hospitalization?	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No
If yes, name of facility and dates of hospitalization:				
Have you ever been under the care of a psychiatrist?	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No
If yes, name of provider and dates of treatment:				
Have you ever been prescribed psychiatric medications?	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No
Name of medications:				

OTHER PROBLEMS

Check if you have, or have had, any symptoms in the following areas to a significant degree and briefly explain.

<input type="checkbox"/> Skin	<input type="checkbox"/> Chest/Heart	<input type="checkbox"/> Recent changes in:
<input type="checkbox"/> Head/Neck	<input type="checkbox"/> Back	<input type="checkbox"/> Weight
<input type="checkbox"/> Ears	<input type="checkbox"/> Intestinal	<input type="checkbox"/> Energy level
<input type="checkbox"/> Nose	<input type="checkbox"/> Bladder	<input type="checkbox"/> Ability to sleep
<input type="checkbox"/> Throat	<input type="checkbox"/> Bowel	<input type="checkbox"/> Other pain/discomfort:
<input type="checkbox"/> Lungs	<input type="checkbox"/> Circulation	

Adopted: 5/04
Revised: 5/09
10/11